

INSIDE LEISURE VILLAGE

VOL. 43 NO. 8

AN ACTIVE 55 PLUS COMMUNITY

SANTA ROSA ROAD, CAMARILLO, CALIFORNIA

AUGUST 5, 2022

VILLAGER PROFILE By Nicole D'Amore

The Connor Team

Gina and Terry Connor have lived in Leisure Village for over eight years, coming from Redondo Beach. From the beginning they both have gotten involved in different aspects of Village life, enhancing the lives of other residents as well as their own.

Gina is originally from the Philadelphia area where she worked in franchising, eventually relocating to California. Terry grew up along the Chattahoochee River between Georgia and Alabama.

"My father was a forester and I grew up 12 miles down a dirt road for a while," Terry said. "We had horses and it was wonderful."

In his career, Terry worked in sales for various companies, eventually ending up in Redondo Beach where he and Gina met.

"Terry's background was sales. Instead of asking me if I wanted to go out, he asked whether Saturday or Sunday would be the best time for us to visit a botanical garden," Gina recalled. "I said, you're closing me. He wouldn't back down, he said, 'which one?', so I picked one," she laughed.

When Terry had a business opportunity in the south, they started talking about marriage, and neither wanted to leave California. They got married in 1998.

They discovered Leisure Village when Gina had a friend and co-worker who loved Camarillo and they both ended up buying houses here.

Gina was impressed with the spaciousness of the Village compared with many retirement communities.



Photo by JON

Terry and Gina keep themselves busy with many activities. Here they are, enjoying a laugh together in the gazebo.

As soon as the Connors moved here they got involved.

"I went into the EPO, emergency preparedness program,"

Terry said. That program, in which residents would place cards in the front window indicating they were

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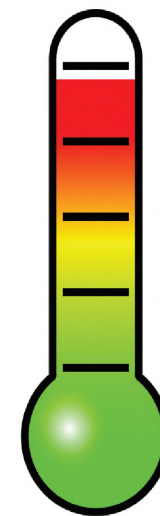
ILV STAFF EDITORIAL By Jon Niemann

Water, Water Everywhere...NOT

It has been an established editorial policy of Inside Leisure Village to avoid topics that are controversial, carry a negative message or are critical of Village management. We avoid finger-wagging messages about picking up your dog-poo (but please do). We have decided to get behind a serious issue about a drought and a water shortage. We will strive to lay out the issue as clearly as possible and ask you to contribute to the effort by cutting your household water usage with common sense. We are taking this issue seriously. Failure to act on this will result in eventual water usage restrictions and a financial hit to every resident of Leisure Village.

The details of looming penalties are not perfectly clear at the time of this writing. Several agencies from the state level down to our local water boards are attempting to work out these details, each with their own ideas, strategies and plans. In the meantime, leadership in the Village has taken a proactive lead and is attempting to stay ahead of the "crisis" curve. The LV Board of Directors has established an advisory committee called Long Range Planning; This committee has assembled a group of Village residents to monitor the water situation and keep all of us informed as it develops. The Water

—Please see **PAGE 8**



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Kenneth A Thatcher - Village 20

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Letters

ILV has obligated itself to publish letters that are not profane, inflammatory or libelous. Views or statements expressed are the beliefs of the writer and are not necessarily supported by the staff of ILV. Letters must include name/signature, address and phone number. Please limit letters to 150 words. We reserve the right to edit, and/or condense. If at all possible, e-mail letters to editorilv@yahoo.com. Typed copy should be placed in the ILV box in the Rec Center hallway. Whatever is not printed in the next issue because of space limitations will be considered for the following issue.

September 2022 Edition Deadlines

Club News, articles and letters: Monday, August 15. September issue will be available Friday, September 2. Send news, articles & letters to insidveditor@gmail.com.

Inside Leisure Village is written and edited by and for Leisure Village residents exclusively. It is independent of the L.V. Association and its Board of Directors. ILV's content is also independent of the Acorn Newspaper. The Acorn Newspaper is not responsible for the content of ILV and does not set or monitor its classified advertising or editorial policies. In addition, the purpose of ILV is to report and publicize LV events and activities. To access Inside Leisure Village online, go to: Google.com, enter Inside Leisure Village. When choices come up, click on "repository.library.csuci.edu/handle/10139/646."

The Connor Team

From PAGE 1 —

OK, has since been disbanded.

He also got involved in the Save Our Sight and Hearing program right away.

“I love those types of subjects and I wanted to learn about it,” he said. They have meetings the first and third Thursdays of the month at 1pm in the Sun Room, giving people information about sight and hearing resources. They regularly have speakers and many of the participants also share information, he said.

“One of the things I hope to do now is get information on macular degeneration to people to start sharing with younger family members so they can start protecting their vision earlier,” he said. Anyone interested in the program can contact Terry or just come to a meeting. There is always a notice in Inside LV.

Another thing Terry enjoys is Tai Chi. He joined the Tai Chi Moving for Better Balance class last fall and feels it has helped with some pain issues.

Gina is co-president with Ann Thomas of the Exercise Club and leads the 9am stretching class Monday thru Friday in the Pavillion.

“Come and check it out — it’s a wonderful way to stay limber,” she said. “It helps with balance and mobility to keep you agile.” There are some people with walkers and canes and there is more space in the 9 o’clock class, she said. Another class meets at 8:30am.

She is also involved with the Players Guild as director of communication. “I’m the one who sends out the emails and I assist the directors. I love to see how the shows come together each month.”

She occasionally participates in the performances, but only as an extra.

“I don’t sing and I don’t like to memorize,” she said. For both groups, she works as a liaison with the recreation office.

Gina is also a member of the Pet Club and Mavericks and the Music Club with Terry. She also continues to work part time for Tom Logan State Farm Insurance in Camarillo and does cat sitting in Leisure Village, “In Your Home Cat Care.”

Their own cat, Emerald Feather, “Miss Emmie” was adopted as a three-year-old and they call her the sweetest cat in the world.

“She runs the place,” Gina said.

Newcomers Orientation

New residents are invited to Session I on Saturday, August 20th from 10 am–noon in the Assembly Room. This orientation provides detailed information about easing into Village life including communication sources, safety and assistance, committees, clubs,

activities, water issues and more.

Session II for new residents is on Saturday, September 24th from 10 am–noon.

Contact Patti Schultz to RSVP or for questions: pat-tischultz0732@gmail.com or 805-558-0732.

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AROUND THE VILLAGE

Leisure Village Travel

by Carol Moody

On August 2nd, LV Travel hosted a special presentation highlighting our new tours for 2023. You can reserve your spot now for one or more of these tours by stopping by the Travel Office (in the Rec Center lobby), filling out a reservation form and paying a refundable deposit. Please keep in mind that single rooms are limited, so if you want one, make your reservation early.

In June and July we hosted successful bus excursions to Chumash Casino in the beautiful Santa Ynez Valley. One lucky resident "hit it big" on our June day trip. The next trip is coming up at the end of this month.

August Day Tours:

Chumash Casino on August 25, 2022; We will have more day trips coming.

Flyers for all of our trips are

available at the Travel Office. You may also receive an electronic copy by emailing us at LeisureVillageTravel@gmail.com

Overnight Tours:

- Christmas on the Danube in December 2022
- New Orleans; Cajun Country Feb. 14-19, 2023
- Countryside Emerald Isle March 26- April 4, 2023
- Mighty Wonders of the Southwest June 6-13, 2023
- America's Cowboy Country June 25 - July 2, 2023
- Canadian Rockies; Glacier Natl Park Sept. 2-8 2023
- Pacific Northwest; Northern California Oct. 8-15, 2023

The Travel Office Window currently has temporary hours of Wednesdays 9:00 to 11:00. Please stop by to pick up flyers and brochures for all the trips we offer. As always, check LVTV (channel 1390) and emails from eNews for notice of the trips currently on sale.

VILLAGE ENTERTAINMENT

Peter Asher Coming

Rosemary Vine

Peter Asher, noted British Invasion musician will be performing at a special event in the Leisure Village A/R on October 2. You may remember him better as Peter from 'Peter and Gordon.' Peter had been part of the London pop music scene in the early 60s performing in cafes with his music partner Gordon Waller. During that time, one of his contemporaries offered him a song that his band had rejected. That contemporary was Paul McCartney. The song was A World Without Love, it went on to be a huge hit worldwide.

Asher will perform and share colorful stories about his colorful life in the music world and a very entertaining evening. This is a rare opportunity to share our space with a music legend. The show has been organized by Gregg Gillmar, president of the LV Photo Club. Proceeds will help the Photo Club in their

goal to update display opportunities of club members award winning photographs around the Village.

To purchase tickets for the event log onto insidelvmedia.com, you can choose your seats and purchase directly from the website. There are still a few spots left at the time of this writing.

Readers' Theater

Players Guild - Linda O'Neill

According to Director Rosanna Bellino-Strickland and Wikipedia, Readers' Theater is a style of theater in which actors present readings of material without scenery, special lighting and minimal costumes and props. They use only scripts and vocal expression to help the audience enjoy the story. Readers' Theater is also known as "theater of the mind," "interpreters' theater" and "story theater." The key difference between traditional theater and readers' theater is that readers'

—Please see PAGE 6

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Parade Brings Out the Red, White & Blue!



Photos by DEREK GARDNER

Top, patriotically decked-out golf carts made their way through the Village. Middle, American Muscle Cars participated adding a rumble and some nostalgia. Bottom, there were a lot of bicycles in this year's Independence Day Parade. Thank you to Linda Gaffney for organizing!

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VILLAGE ENTERTAINMENT

Readers' Theater

From PAGE 4 —

theater is not staged or acted out through physical movement. The interpretation of the material relies on the actor's voices.

The most recent Players Guild Readers' Theater performance on July 21 began with our first open casting call for a monthly show, and it did not disappoint. This new version displayed a variety of the funny, the odd and the poignant. With a cast of at least 25, newcomers Howard and Kathy Wien pleased the audience with their rendition of Abbott and Costello's "Who's on First" routine. Also new to the Players' Guild stage, Joan Cressman's reading of "Good bye, Prince Charming" from the book *If I Had to Live My Life Over* pondered that first fairy tale learned by "girls" of a certain age. This funny, fresh and renewed Reader's Theater was devised by Director/Producer Bellino-

Strickland who added audience participation with *The Big Book of If's!* One of the many questions that caused audience snickers: "If you could, who would you have arrested?"

Coming up Thursday, August 18, is "Comedy Tonight," concept and direction by Vivian Hollander. I've found out a little bit about the planned show and now I'm looking forward to Irv Feiles' and Julius Hirsch's inventive version of "Purple People Eater." I'm told Roger Florio has written another original song that will be sung by the fabulous and funny Buster Hayslett. Kathy and Howard Wien continue their comedic ways with a bunch of one-liners. Throughout the 20 or so acts, three dancers, Sue Ellen Culp, Rosanna Brown and Sue Lind, wend their way around the performers and the stage.

Helene Cohen's acting class is working on the September show: Sept. 15th at 7:30 pm in the AR. I'm sworn to secrecy.

Really Funny Ladies

Showtyme Presents - Jennifer Stein

What do you get when you combine a YouTube sensation & an Orange county housewife? You get 2 hilarious stand up comedians. Fances Dilorinzo has appeared on all major networks and is a headline performer on cruise ships around the world. Julie Kidd is a housewife that breaks all the rules of stereotype mommies. She is the *Dysfunctional Housewife* when she tours. These two hilarious & very funny ladies will grace our stage and bring us an evening that will leave us with smiles and laughter. Grab your partner, best friend or neighbor and enjoy a really fun evening in the Village. Live @ Showtyme it's Comedy Night Friday, August 12th at 7:30pm in the AR.

Doors for this event open at 6:45pm. There will be a 50/50 Raffle with 2 winners. Showtyme members no charge, Non-Members \$5 donation. Membership is available at the door. Your membership keeps Showtyme going.



Funny Ladies: top, Frances Dilorinzo and bottom, Julie Kidd.

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VILLAGE ENTERTAINMENT

Open Mic & Movies

LV Music Club - Marci Lapair

The LV Music Club held their first special event in two years on July 5th. The Concert in Our Park was a fun event held under the stars. It was attended by approximately 250 people who enjoyed music provided by the Groovin' Easy Swing Band featuring their wonderful vocalist Erin McPherson. Everyone enjoyed Millie's Famous Pineapple Upside Down Cake. The LV Music Club proudly donated \$500 to the Adolfo Camarillo High School Band from the proceeds of this successful evening.

The next Open "Mic" Night is Friday, August 5 at 7:00 pm in the AR. Open "Mic" Night is open to all the villagers at no charge. We provide refreshments including wine. If you are interested in performing at the next Open "Mic" Night and have a talent such as singing, playing a musical instru-

ment, dancing or have comedic talent, please contact Dick Guttman 805-484-5806.

The movies to be shown for the month of August will be dedicated to the event that has become known as the 'The Day the Music Died.' On February 3, 1959, American rock and roll musicians Buddy Holly, Ritchie Valens and "The Big Bopper" were killed in a plane crash near Clear Lake, Iowa. Come and enjoy the music and life stories of these rock and roll legends.

On Monday, August 1, we screened *The Buddy Holly Story* starring Gary Busey in his Oscar-nominated performance as Buddy Holly - the musical genius who changed the tune of rock 'n' roll history. Busey sings Holly's greatest hits in this dynamic tribute to one of the most influential rock 'n' rollers of all time and the legacy he left behind.

On Monday, August 15 at 7:00 pm in the AR, we will screen *La Bamba*. The film follows the life

and short-lived musical career of Mexican-American rock and roll star Ritchie Valens. *La Bamba* depicts his rocket rise to fame, from field laborer to rock star with a string of hit singles and a date with destiny. Movie night admission is always free to all the Villagers, and we even provide the popcorn!

The Groovin' Easy Swing Band will be rehearsing every Tuesday during August between 7:00 pm and 9:00 pm in the AR. The rehearsals are open to all the Villagers. Come and listen to the easy listening music performed by this 17-piece swing band.

Water Everywhere

From PAGE 1 —

Group has agreed that establishing a goal of 55 gallons or less per resident would put us in a very good position for the near future and stave off some of the over-usage consequences for a time. Two members of the water group, Dennis Doolittle and Carol Dietz have taken the issue and are analyzing the usage by reading the 12 household water meters in 6 locations on a weekly basis. The trend has given some positive results with a slight downturn in household water usage. Keeping this trend heading in that direction is the goal.

We at ILV will join this effort and do our best to keep you informed on the situation. We will be presenting ideas on how to save water, interview people who offer good advice on reducing water usage and keep you informed of the progress we are making toward those reductions and usage goals. It will take each of us as individuals to make the effort to minimize the effects of this drought. We encourage you to reach out with ideas. Larry Swartz used his Pinch of Salt column in this issue to offer sound advice and inspiration. Letters to the editor are a good way to help keep these ideas going. Send yours to insidveditor@gmail.com.

This situation is nothing new in Southern California. We have been through many droughts and have risen to the occasion with a little effort, focus and community spirit. We got this Villagers.

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THE HEALTHY VILLAGER By Jeannie Davis, PT, MPH

Why Exercise in the Water Works

I grew up in New York and we belonged to a pool and tennis club, so I have always loved to swim and be in the water. I was a competitive swimmer as a kid, coming in 4th or 5th out of 6th, but again I always loved the water. Now as I am aging (hopefully well), the water has even more meaning for the health of my joints and body, and I am glad I still enjoy the water.

When I found out that Leisure Village had an Olympic size pool that was heated all year I was more excited to move into the Village. The pool seems to be a wonderful temperature all year, although I tend to visit it when it is warmer and enjoy doing my water walking, water exercises and attending the water aerobics class. The pool is also a great place to be social and meet other Villagers. We can also enjoy the Jacuzzi after the pool to relax our sore muscles and backs.

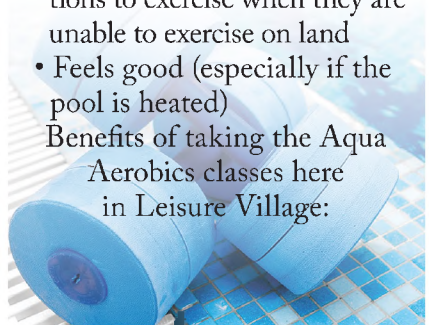
Benefits of exercise in water:

- Improves heart health
- Gentle on the joints – reduces joint impact and injury
- Increases flexibility
- Enhances balance and coordination
- Increase muscle strength and tone using water resistance
- Boosts mental health
- Can work on core and integrate functional movements
- Whole body conditioning
- Allows people with chronic pain and other chronic conditions to exercise when they are unable to exercise on land
- Feels good (especially if the pool is heated)

Benefits of taking the Aqua Aerobics classes here in Leisure Village:

- Included in our HOA – no cost
 - Social situation outdoors to meet other Villagers
 - Exercising with others motivates us
 - Provides sound exercises in the water that incorporate stretching, strengthening, core and balance
 - More fun to exercise with others; some use exercise balls and other fun equipment
- Consider adding water exercises and some aqua aerobics classes here at the Village to your weekly routine, especially since summer is here and the pool is so refreshing. I hope to see you exercising at the pool in the near future.

Editor's Note: Jeannie Davis is an LV resident and medical professional. The information contained in this column is provided for educational purposes only. ILV readers assume full responsibility for the use of this information.



*ELEVEN Water Exercise Classes available in Leisure Village Pool**

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A PINCH OF SALT

By Larry Swartz

Do It This Way, Not That Way

I spent a few days once with a very good old time friend. We both like to cook so we cooked a meal together, ate and laughed—until I started doing the dishes and he was telling me how to wash dishes—how controlling I thought.

Now years later, I'm writing an article on how to wash dishes. I've been helping my best friend recover from surgery these last weeks. For the first week I just ate hospital food. I'll never understand why medicine as practiced in hospitals is supposed to help you get better and the nutrition factor of the food usually makes you worse. Even the French fries were hard to take. They came on a paper plate so I tore a semi circle out of the paper plate about the size of my mouth, called for a "supervisor" and explained that I had done a taste test, the paper plates vs. the fries and the paper plate won. She just looked at

me strangely but offered a \$ 2.00 refund. I took it.

Back at home, the doctor told my friend to eat a lot of protein, especially red meat which I don't usually have in the house. You could do a lot worse than having me set your menus and cook for you. I've learned a lot about using leftovers which I will share with you next month. Since I've been cooking a lot, I've been cleaning a lot and have been paying super focused attention to how much water I use in cleaning.

There are almost never enough dishes to use the dishwasher. I have found out that with manual cleaning, I can save a lot of water by following a few rules. It helps if you're OCD.

Never leave the water running for more than a few seconds when rinsing.

If you put all your dirty dishes

—Please see **PAGE 12**

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08LV11S

Pinch of Salt

From PAGE 11 —

in the least amount of soapy hot water to cover them and let them soak for maybe 20-30 minutes, you use a lot less water rinsing them.

When rinsing, the diameter of the water stream should be no more than pencil thickness...ever.

Also, if you live in a home where it takes more than 10 seconds for the water to get hot, keep an empty gallon water bottle handy and let

the water run into it until it gets good and hot. Use that saved water to water plants or even to rinse the dishes. Or get a circulating pump.

Practice making one dish dinners, soups, crock pot entrees and salad meals. I wrote a column a year or so back about salad meals. Turn a salad into a meal by adding a salmon filet, chicken breast, tofu, all kinds of beans like kidney, garbanzo etc.

Good luck, remember we are all in this together so be kind to those with whom you disagree.



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CLUB NEWS

GRAPES R US WINE CLUB

By Barbara Senior

Grapes R Us holds monthly tasting sessions to discover wines from different varietals and to explore regions. Tasting sessions are on the 3rd Friday of the month at 7PM in the A/R. All LV residents are welcome, and reservations are highly recommended. Each session is \$15 per person. Bring two glasses and water.

Our July meeting explored chilled wines for summer – including chilled red wines. The wines were an eclectic blend of Chenin Blanc from South Africa, Gewurztraminer from Germany, Beaujolais from France, Nebbiolo and Muscato from Italy. Join us, learn a little and enjoy some wine. Drop a line to Barbara at grapesruslvwineclub@gmail.com or call her at 805-303-1518.

LV PHOTO CLUB

By Chuck Morrow

The Photo Club is bringing the “British Invasion” as a fundraiser and first-class entertainment program open to Leisure Village Residents on October 2nd at 4 pm in the AR. There will be a meet and greet with Peter Asher, half of the 60’s musical group “Peter & Gordon” with Tier 1 tickets. Tickets may be purchased at insidelvmedia.com. (see background information on Peter Asher in this issue).

The Assigned Theme for the July Photo Club meeting was “Architecture” which yielded many types of interesting interpretations from the eye of the photographer. Back to

judge the month’s submission was Dan Holmes. He is a Professional Photographer of California Master Photographer and his works can be viewed at danholmesphoto.com.

The winners for July were:
Assigned Category – Spike Burlingame – “Falling Waters”
Open Category – Gregg Gillmar – “Smoke Break”
Mobile Category – Chuck Herrera – “Coach Hammon’s Instructions”
See all the entries for the month by going to the SmugMug site at <https://leisurevillage.smugmug.com/LV-Photo-Club-Pictures>.

For questions regarding the Photo Club and membership inquires contact Gregg Gillmar at gsgillmar@outlook.com.

RACQUET CLUB

By Roger Florio

The racquet club had a decent turnout and an even better buffet at its June and July Pu-Pu (potluck) parties. If you missed them, fear not: Our next Pu-Pu party will be held at the Courts on Friday August 19 at 4:30pm. These events are a great opportunity to see what the club’s about, socialize with club members, and, if you opt to get out on the Court, see whether a glass of wine or two improves your game.

Our Summer 2022 paddle tennis and pickleball tournaments were held on Saturday July 16 and Saturday July 23, respectively. A tennis tournament is scheduled in August. Press time was too early to announce paddle and pickle winners here, but watch this space next month. Be on the lookout for the racquet club’s fall tournaments; even if

—Please see **PAGE 14**



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HOME TOOLBOX By Tricia Garcia

**How to Sell High: Avoid these
Three Mistakes When Selling
Your Leisure Village Home**

Leisure Village - When you decide to sell your home, setting your asking price is one of the most important decisions you will ever make. Depending on how a buyer is made aware of your home, price is often the first thing he or she sees, and many homes are discarded by prospective buyers as not being in the appropriate price range before they're even given a chance of showing.

Your asking price is often your home's "first impression", and if you want to realize the most money you can for your home, it's imperative that you make a good first impression.

This is not as easy as it sounds, and pricing strategy should not be taken lightly. Pricing too high can be as costly to a homeseller as pricing too low. Taking a look at what homes in your neighborhood have sold for is only a small part of the process,

and on it's own is not nearly enough to help you make the best decision. A recently study, which compiles 10 years of industry research, has resulted in a new special report entitled "Homesellers: How to Get the Price You Want (and Need)". This report will help you understand pricing strategy from three different angles. When taken together, this information will help you price your home to not only sell, but sell for the price you want.

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07LV13D

CLUB NEWS

Racquet Club

From PAGE 13 —

you're not playing, you're welcome to come by the Courts for cheap entertainment during these events. Remember, competitors: The spectators enjoy the bloopers as much as the great shots (possibly more).

Finally, make sure to put the club's annual summer picnic on the calendar – Saturday August 13 from noon to 4pm, and all for the bargain price of \$5 a person. Burgers (both meat and vegetarian) and hot dogs will be grilled, games will be played, prizes will be won, stories will be told – who doesn't like a picnic?

WRITERS CLUB

By Harvey Brosler

The motto of the Club is Write-Present-Participate-Enjoy-Learn. A main purpose of the Club is to share our opinions on different topics with other members. The primary interest is in the substance of your written presentation. Writers Club meetings are normally held every other Monday at 1 pm in the Multi-Purpose Room. Stories of the month are displayed at the entrance to the LV library. You may write on the Suggested Topic for that day or any other topic, fiction or nonfiction. For July, members wrote on one or more of their role models. Role models ranged from family members to peers who helped shape the member in positive ways. Members also wrote a fictitious story based on nonfiction or all fiction events. The stories brought out the imaginative talent of the member.

The Suggested Topic for August

8 is "Is Kindness Important?" and for August 22 is "Is Diversity Important?" There will be no meeting on August 15 or August 31. Microphones are furnished. Please mark the dates on your calendars. For a copy of other upcoming Suggested Topics, the Guidelines, or any other information contact: Harvey S. Brosler hsbros@roadrunner.com or 805-465-0006.

WOMEN'S GOLF

By Patti Crichton

The Summer Eclectic tournament was played July 20th and 27th. This is a fun tournament where players can attempt to improve their golf game on each hole at the second round.

Results will be announced at the August 10th meeting in the Garden Room. Come to the meeting at 1 pm to chat, snack and buy 50/50 tickets. July top scorers will receive their awards.

There is a TeeTimer mixed tournament on August 17th organized by the Women's Golf Club. Be sure to sign up to play and we will meet in the Picnic area for lunch afterwards.

LV BOWLING

By Gene Kinsey

The summer league is well underway. We have fewer bowlers than during the regular season but the enthusiasm is just as high. Top bowlers for the first few weeks are as follows: for the women, Peggy Rebach 243, Joyce Belcher 221, Marilyn Chavin 246, Helen Hartman 227 and Bobi Shmerling 204. For the men: Gene Kinsey 215, Bob Bleicher 236, Dick

—Please see PAGE 15

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CLUB NEWS

LV Bowling

From PAGE 14 —

Fisher 233, Charlie Hartman 227 and Irving Feiles 235.

There is still half of the season left so if you have any interest in being a sub, now would be a great time for you. Cost is \$12/week. We are at Harley's Camarillo Bowl every Friday morning from 9-noon. Come join us! Contact Bobi Shmerling at 805-389-1975 or Gene Kinsey at 805-796-5858. See you there.

By the way, our Fall league begins on Friday, September 9 and sign-ups are due to Bobi Shmerling by August 26. Annual membership is only \$20 for the whole year. Please contact Bobi ASAP.

SATURDAY NIGHT DANCE PARTY

By Andrea Moran

Summer is here and to keep cool come to the Saturday Night Dance Party. The dance floor is great, easy on your feet. So put on your dancing shoes

and enjoy a great time.

The live band on August 13 will be Tropic Starr and the dance lesson will be waltz. The band on August 27 will be Ralph Mathis and the dance lesson will be East Coast Swing.

Admission is \$10.00 per person and includes the dance and lesson. The lesson is from 6:30 to 7:15, the dance is from 7:30 to 10:00 pm. This is a great way to socialize and put a smile on your face.

BILLIARD CLUB

By Vera Erskine

Picnic in the Park: We had a great turnout. Thanks to Wilma Hutson for the great menu. The 50/50 winners were Sandy Foeller and Patrick Price.

The Club raffled off a reflective safety vest, hot/cold thermal tumblers and a new cue stick. Winners were Collette Ellis, Marge Sarno and Max Chopra.

Thanks to all the setup/cleanup and serving volunteers. Could not have done it without you.

Cue Sticks: If your cue stick is

stored in the Billiards Room, make sure your name is on it. After August 15, any unclaimed sticks will be sold and the proceeds will go to the Club. Contact Vera Erskine 805-987-4537 if you have any questions.

Billiards Room Tidiness: Help us keep the room tidy. Fold the table covers and hang them on the racks; do not bunch them up. When done playing, put chalk cubes in the end compartments of the table. Recover the table. Place cue sticks back in the rack and bridges on the racks underneath the table. Turn the table light off. If a chair has been moved out, put it back against the wall. This room should always be presentable when not in use.

VILLAGE ARTS

By Patti Crichton

Hello Village Arts people. There is no meeting in the month of August. Summer break!

Mark your calendars for Wednesday, September 7th at 1pm in the MPR. Talented LV resident Alexis St. John will be speaking to our group about how paint is made. She will explain the properties of different paints (oil, acrylic, watercolor, gouache) and

give a live demonstration of paint making. There will be handouts for people to take home. Don't miss this!

Kathy Whitesell's watercolor sessions are at 1pm and 2:30pm on Friday, August 19th in the Lanai Room, \$10. If you would like to sign up, please text Patti Crichton at 805-760-7673 or email prichton77@hotmail.com.

If you would like to join Village Arts, you are welcome to come to the monthly meeting and sign up, or call President David Kiefer at 805-419-4688. The membership is \$10/year and you will receive updates on Art events and classes via email.


EXERCISE/STRETCH CLASS

By Donna Khacherian

Want a great way to start your day? Get your body moving from head to toe with a fun and friendly group of like-minded Villagers. Join us in the Pavilion (by the pool) at our outside morning Exercise/Stretch Class, Monday through Friday with a 30 minute class at 8:30am or 9:00am rain or shine.

The Exercises are easy but beneficial to help keep us well balanced, our joints

—Please see PAGE 16



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- Question 4 - Am I in reasonably good health?
- Question 5 - Am I willing to visit the dentist for check-ups after the procedure so that s/he can professionally check my implants, gums and bones for health and stability, and remove all the plaque I can't reach?
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If you only answered YES to one or two of the questions, your decision is not as clear-cut and might require more information and thinking. I will be happy to meet with you, answer any questions - at no cost, no pressure, no obligation - and to help you objectively sort through the confusion. I'll provide all the information you want and explain your options and fees involved, so you can make the right decision for you.

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CLUB NEWS

Exercise Class

From **PAGE 15** —

moving and our bodies strong. All you morning walkers, this is a great warmup for your muscles before starting your walk. We have several people currently joining our class that are rehabbing from knee & hip replacement surgeries.

We are sponsoring an afternoon picnic in the park on Friday, July 29th. Save the date. All new and existing members are welcome. For more information and questions contact: Donna Khacherian 818-404-5538.

We are actively seeking more volunteers who enjoy working with wood and enjoy the feelings of good will performing these tasks generates for our neighbors and to help fill the growing needs of the Villagers for repairs. Our cadre of volunteers is shrinking, as several of our stalwarts are undergoing medical procedures and a couple more are aged out and unable to take part in the tasks that lay ahead. If you think you might like to give it a try, contact Pirate or Bud and let's talk. Your help will be appreciated.

The Woodshop is open 7 days a week for keyholders. Notices and Rules of Operation are taped to the main woodshop door. Please make sure to sign in and out and clean up your workspace as a courtesy to those that follow. If you wish to become a keyholder, you can contact Pirate or Bud on Wednesdays or Thursdays at the shop to make an appointment to be checked out. You can also reach us by email at the addresses below.

The Woodshop is open from 10am until noon, every Wednesday and Thursday, to accept your repair

—Please see **PAGE 17**

YE OLE WOODCHIPPERS

By Bud Bradley

June's numbers held steady with 17 repair jobs for Villagers, 2 for the Village and 3 quick fixes. The numbers for 2022 so far are equally impressive. For the first five months, 95 completed jobs for Villagers, 7 jobs for the Village and 24 "fast fixes." The year started out slow but is fast catching up to the last count.

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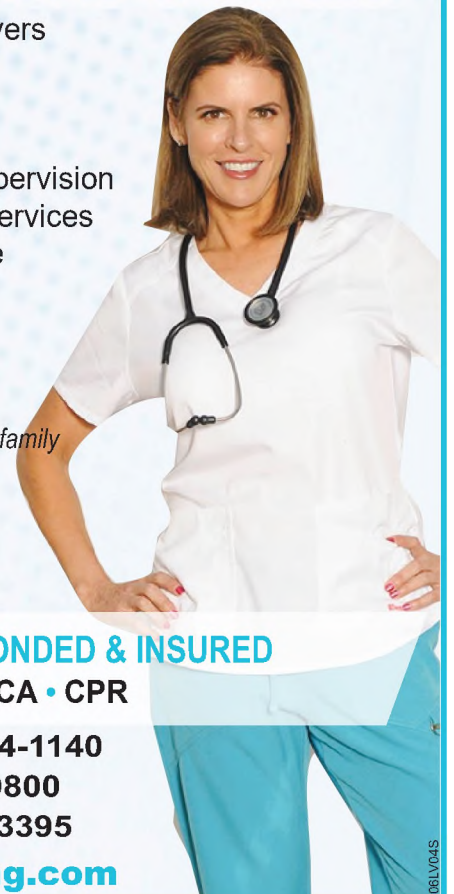
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05LV20S

08LV04S

CLUB NEWS

Woodchippers

From PAGE 16 —

requests. There is no charge for these services unless special materials are needed to complete the repair. We gratefully accept donations to help keep supplies and equipment up to date. During those hours, the Woodshop will be operated by Woodshop Committee members only. Keyholders are asked to not work on their own projects during these hours. For any other woodshop information, you can email Pirate at Bruc5150@gmail.com or Bud Bradley at Hipbud2@gmail.com

September 1 at 7 pm in the AR.

Every year, Players Guild sponsors a full play or musical. The decision of which play or musical by which director is determined by President Joyce Belcher and the Players Guild Board of Directors. The Board invites prospective directors to submit their proposals on Tuesday, September 13 at 10 am in the sunroom. Any questions should be directed to Joyce Belcher.

LV WOMEN'S CLUB

By Barbara Cogert

A reminder there is no program scheduled for August; however we will be holding a Volunteer Meeting on Thursday, August 11th at noon in the Multipurpose Room. If you are thinking about joining the volunteer team please join us to see where you can lend a hand.

This is the LAST CALL for Lip-sync performers. Contact Lin Grant to volunteer.

Our October program will be a Fashion Show Fundraiser. Volunteers will not only model but be a part of the

—Please see PAGE 18

PLAYERS GUILD

By Linda O'Neill

October's Director Paul Newman wrote "Calling All: Joke tellers, singers, musicians, storytellers, magicians, dancers, hula-dancers, hula hoopers, unicycle riders, jugglers, juggling unicycle riders, mimes and plate spinners." Open auditions for Paul Newman's talent show are Wednesday, August 31 at 7 pm in the MPR and Thursday,



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CLUB NEWS

Women's Club

From PAGE 17 —
entire event - from set up to clean up!

Our November program will once again honor the Village Veterans.
The next Boutique on November 5th

will feature "jewels" for your holiday shopping needs. **SAVE THE DATE!**

Remember, there are multiple easy ways to help the Women's Club. Bring canned goods and contribute your change for Change For Change at monthly meetings, both are donated to our local Food Share. Collect and save hotel toiletries, pick up extra items on your next trip to the store. These NEW items are donated to the LIGHTHOUSE, our local battered woman's shelter.

Contact Lin Grant at 714-266-4937 with questions, volunteer input and Veterans identification. Thank you Villagers for your continued support!

MAVERICKS CLUB

By Vera Erskine

Island Music Concert: Friday, August 26, 2022, from 6pm to 9pm. Listen to "island" music featuring the "CocoKnots." Bring your own chairs and blankets to the Picnic and Pavilion area. Wear Hawaiian clothing (optional), sit back and let the music transport you to your favorite island. Beer, wine and water will be provided or BYOB (bring your own beverage).

Tickets are \$10.00 per person. Contact Geri DeSimone at 805-484-7308 for tickets.

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Professional Work We only use the best materials

- Stucco Repair • Dry Wall Repair
- Pressure wash
- Wall/Ceiling Texturing
- Acoustic Ceiling Removal
- Wood Replacement
- Cabinet Refinishing
- Crown Molding & Baseboard Installation



We have been serving the Leisure Village community for over 12 years.
Family owned since 1990.



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05LV11S

Due to space limitations, we regret that some Club News information is not included in this issue. ILV Staff is working to rectify the situation.

W.H. CONSTRUCTION

- Kitchen & Bathroom Remodeling
- Acoustic ceiling removal/Texture
- Wood & Laminate Flooring
- Windows & Doors
- Room Additions
- Electrical
- Plumbing
- Tile
- Painting
- Drywall



Leisure Village Discounts
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11LV313S

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(805) 670-7500

tickledpinkstatesales@gmail.com

06LV101

MEAL DELIVERY

Dinners
by Mark

Home Cooked Meals Delivered
Right to Your Door

\$15 per Dinner

Dinners Include:

- Entree • Salad with your choice of dressing
 - Chef's vegetable of the day • Dessert
 - All meals are low in fat and sodium
- Meals packaged in microwave-safe containers

Contact Mark for info & menu
MSL9CATERING@GMAIL.COM
805-384-1536

08LV14S

PLUMBING

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Complete plumbing maintenance and drain cleaning. Serving residents of Leisure Village for over 31 years.
FREE ESTIMATES
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02LV021

SERVICE DIRECTORY



To Include Your Listing, Please Contact Mary at The Acorn Newspapers Today: **805.484.1949**

CLASSIFIED ADS

To submit a classified ad please include your full name, address and phone number (info for ILV records only, will not be published unless requested). Cost per ad is \$5 for a 28 word insertion (phone number = 1 word, email = 1 word). Enclose \$5 cash or a check or money order made payable to ILV. Place the ad in an envelope marked ILV CLASSIFIED AD. The envelope can be mailed to 12000 Leisure Village Drive, Camarillo, CA, 93012 ATTN: Barbara Crome, or placed in the wood box next to the garden and sewing room in the LV Recreation Center. Questions? Call Barbara @ 805-482-9097.

DEADLINE for the next publication is 5pm on Friday, August 19.

Belair for sale – Selling but need to rent back for 2 years. New owner will save thousands in cleaning costs. Remodeled 2015 with new HVAC, much more 805-987-1210

For Lease – Leisure Village townhomee Village 20. Brentwood model, 2 bedroom/2 bath/large sunroom, 1152 sq ft. See to appreciate inside/out \$2,600/mo contact Steve 805-279-0466

Room for Rent \$1100 mo. Home on beautiful greenbelt. Short walk to rec center. Kitchen/patio privileges. Garage storage. 805-419-6682

ESTATE SALES & LIQUIDATION by two nice ladies. Need help moving or downsizing? We're here to help. Call Sandy 805-795-3445

MURPHY AUTO MUSEUM NEEDS VOLUNTEERS. Do you enjoy cars? Do you like talking about cars? You could be a volunteer/docent. Contact Ernie Chavis 818-807-4496 or email: erniechavis4@gmail.com

NEW MONTHLY DINING OUT GROUP for anyone 55+. Can live outside of Leisure Village. Invite friends. No fees. Send email address to princebichon2@yahoo.com to be on mailing list. Suzy Einhorn

WANTED TO BUY: Western and military memorabilia, accoutrements. All items and types. Collector – resident. Call or text 805-551-5449

MOBILE NOTARY: Offering notary services in the comfort, convenience and privacy of your own home. Call for an appointment today 805-217-2714 Kathleen Simpson

A Mobile Notary: I come to you for your notary needs. Leisure Village resident. Call Chuck at 805-419-3457

Apple Computer Specialist- Laptops, desktops, iphones and ipads. Trouble-shooting & tutorials, password help. LV resident. Reasonable rates. Reliable. Easy to understand. Patient. Macs Made Easy/ Louis Lapidis 805-490-3127

CODE BLUE PC REPAIR – Having computer issues or need general guidance? We are your one stop shop with over 25 years experience. Call David 805-622-7303

SELLING your house? Save thousands in commissions! Don't overpay! Local realtor over 20 years. The lowest rate in the business. Call or text anytime 818-458-1075 DRE #01318809

Al Fox Realty is hiring Realtors - come work for one of the most respected firms in the business! Since 1979. Located in the Santa Rosa Plaza. Call Scott 805-377-7272. DRE #00570029

PERSONALIZED CHILDREN'S BOOKS, kids will love seeing their own sketched picture/name. Discount to Villagers. For more information text/call Roya at 831-869-7698 or go to Royaparsay.com for more books

I BUY GUITARS If you have any old instruments you no longer need give me a call. I will pay fair prices. Gary the guitar man 702-849-1035

Dogzgonewalkn.com Reliable and professional dog walking or pet sitting. LV prices \$10 for 15 minutes, \$17 for 30 minutes. 805-484-8802 dogzgonewalkn@verizon.net

GROOMING most breeds – 30 years experience. Call Jeanie 714-813-7072. By appointment Village 3

Hey Feathery, Furry and Funny Friends! Two dog walkers/pet caregivers are available now! Routine prices range from \$10-15. References available. Debby 805-263-9764, Gracie 805-910-9544

Clothing alterations, mending, nips & tucks & garment makeovers for all ages. Seamstress with Leisure Village references. Will SAFELY pickup & deliver. Gudrun 805-479-4852

WILL BUY small patio set, succulents, pots, plant stand, interesting rocks, old walking sticks, all kinds of knick knacks, antique chair, golf items – Sam LV resident 805-379-5653

Lynn Lerz: Massage Therapist. "Let me rub you the right way to better health" In village 36 years. Exp. Best refs 805-484-2308

JDD Physical Therapy: Physical Therapist/Health Educator specializing in chronic pain and fibromyalgia, lifestyle analysis and integrative therapy in your home. Jeannie Davis PT, MPH 818-693-1002, JDDphysicaltherapy.com

FITNESS! I personalize your sessions to fit your needs. 17 years experience. 7 years in the Village. Let's take this journey together. Lisa 805-402-7482

Need Help with clutter or moving? Senior discounts, free consultation. Honest, caring, dependable. Mary 805-760-6272

Driven by an Angel! Personal assistant will simplify your life! Excellent driver & LV resident with many references. Dependable & punctual to all appoints, airports, events, etc. Christine 805-701-3250

NEED TRANSPORTATION? Doctor, surgery appointments, shopping, whatever you need! I have shots, booster, newer car. Leisure Village resident. Call Sue cell 702-858-0044, home 805-465-0061

NEED TRANSPORTATION? 10% discount 1st time clients. Errands, doctor appointments, hair & nail appointment. Call Suzy 702-858-0044 cell. Leisure Village resident

NEED HELP with chores & errands? Dog walking, fixing, clean-up, moving, drive to doctors, shopping cooking, etc. No job too small. Caring dependable. Leisure Village resident Jim 805-807-1635

GOT HELP? Housecleaning, pet care, and more. Local Camarillo gal. Reliable and reasonable rates. Specializing in LV only. Sue 805-702-5302

Allamericangals805@gmail.com www.FixItChick.info excellent references & reviews

I will organize your kitchen, office, closet & more. Free consultation. Senior discounts. Honest & caring. Mary 805-760-6272

WE BUY ANTIQUES, VINTAGE & COLLECTIBLES! Also offering estate sale services. Over 20 years in business. 805-727-7403

Hugo's Garden Services: lawn and garden maintenance. Cleanup, tree pruning and removal, sod/seed installation. Over 23 years working in Leisure Village, LV references 805-482-0985 or 805-216-8835

Juan Handyman services – Garden, patio, yard cleaning, hauling/dumping. Plant trimming, removal. Call 805-487-1613

HANDYMAN/INSTALLATION – Electrical, plumbing, appliances, rain gutters, cleaning windows, repair broken things, hanging shelves and pictures, painting, hauling, any help. Call Eric at Merchandise Assembly 805-210-0489

KERRY'S PAINTING "Careful and Clean" I do ceilings. In the village. No job too small. 310-970-2499

WINDOW CLEANING SERVICE. Since 1996, serving Leisure Village, Sparkling windows, mirrors, screens and tracks. COVID precautions Woman owned business. Referrals available REVEAL Windowing Cleaning - Julie 805-258-6821

Professional Carpet Cleaner – Jeff G with Global Green 888-774-2547. Services include carpets, area rugs, tile and upholstery cleaning. Serving Leisure Village for over 20 years. LV Referral Reisa Ross 805-484-5570

Lupitas Cleaning – weekly, bi-weekly, monthly, one time or moving in/out. Excellent LV references. Reasonable prices, trustworthy, free estimates. Please leave a message, I'll return the call ASAP 805-302-3857

HOUSE CLEANER - Hardworking single mom looking to clean your house, shop, even walk dogs. Very reasonable rates. Call 805-236-8991 ask for Tabitha Baxter

B. MARON Village resident. CAREGIVER you can count on with good medical background. Great experience (21 years) with DEMENTIA/ALZHEIMER'S. Please call or message 805-216-6072

Private Licensed Caregiver -Prepare plans, basic needs, assessments. Meal preparation, housekeeping, monitor medications, transferring and mobility, appointment scheduling, shopping, transportation. Consultations available. Misty Smith 805-436-9942

In-home care by a certified experienced reliable & vaccinated caregiver. Providing quality of life needs. FT/PT. Call Eve 805-504-7236

CAREGIVER Patient, flexible, reliable, hardworking & caring. Excellence in providing for daily needs. Willing to help with anything you need. Please contact Chery 805-444-2379

RNA/PTA certified. More than 15 years experience. Patient, flexible, caring, reliable, trustworthy. Fully vaccinated. Rachel Friedman. LV resident. Call me anytime at 818-282-3317

CAREGIVER: Reliable and trustworthy support from a highly experienced and compassionate caregiver. Prefer part time. Kathleen 708-560-1136

EMERGENCY PREPAREDNESS CHECKLIST

TAKE STEPS NOW TO BE PREPARED. HERE ARE THINGS TO HAVE AND DO:

- | | | | | | | | | |
|--------------------------|---|--|--------------------------|---|-------------------------------|--------------------------|---|---|
| <input type="checkbox"/> |  | Food and Water | <input type="checkbox"/> |  | Charge Phones | <input type="checkbox"/> |  | Sign-Up for Local Emergency Alerts |
| <input type="checkbox"/> |  | Personal Protective Equipment (PPE) | <input type="checkbox"/> |  | Battery-Operated Radio | <input type="checkbox"/> |  | Have an Emergency/ Evacuation Plan Ready |
| <input type="checkbox"/> |  | Cash | <input type="checkbox"/> |  | Extra Batteries | <input type="checkbox"/> |  | Have an Emergency / First Aid Kit |
| <input type="checkbox"/> |  | Fuel | <input type="checkbox"/> |  | Hazard Awareness | | | |

For more preparedness resources, visit the California Governor's Office of Emergency Services (Cal OES) website at www.caloes.ca.gov



Preparation provides confidence during uncertain times. The past few years have taught us to expect the unexpected. We have witnessed scenarios many of us never would have imagined. Currently we hear on the news about a possible recession and food shortages. The best time to prepare for uncertain times is now. *Because September is National Disaster Preparedness Month, we have decided to do 2 months of articles to help you and your family evaluate and improve individual and household preparedness.*

Start with 3 fundamental preparation P's: Prepare, Plan & Pactice!

Prepare:

With your household members, discuss **how to prepare and respond to the types of emergencies that are the most likely to occur.** Among possibilities to consider based on recent events and history in our geographical region are: fires, floods, mudslides, earthquakes and civil unrest.

Plan:

- What you and each member of your household will do in response to the specific disaster scenarios you have identified as possibilities.
- What to do if you're separated during an emergency.
- How to evacuate and what you'll take with you.
- Anticipate what you need to shelter in place for extended periods and have it on hand always.

Practice: Practice as many elements of your emergency plans as possible. The time to run through your plan is *before* a disaster. It is important to practice enough that, when it is time to execute your plan, doing so comes as automatically as possible.

The Barlows are prepared to help you with all of your Real Estate needs. We have a plan in place to serve you!



The Barlow Group
BRE #01945712

LeisureVillage.com

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Our Family Serving Your Family!



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